



CLAYESMORE
DORSET

Sports Centre



Roller Blading

11.15am - 1.15pm on selected Sundays

Get your skates on and join in the fun at Clayesmore Sports Centre on selected Sunday mornings - no need to book, just show up and skate!

Coming to Clayesmore Sports Centre from Sunday 8 July 2018, your opportunity to get your skates on and take part in our newest activity: Roller Blading!

Note: No skates or helmets provided - you must bring your own!

£4 per adult
£2 per child
£10 family
(up to 2 adults and
3 children)

This new activity will run every Sunday morning during the holidays and the first Sunday of every month during term time (please check the website to confirm dates and times).

- There is no requirement to book, just show up and skate.
- Participants must bring their own roller blades/skates.
- Helmets are required and protective pads are strongly encouraged.
- Tea and coffee included for adults, squash for children
- Softplay available for toddlers
- There will be disco music throughout the session
- Children under 16 must be accompanied by an adult at all times.

TERMS & CONDITIONS OF PARTICIPATION

- All skaters participate at their own risk.
- While every effort is made to ensure a safe experience participants must be aware that roller blading/skating is a potentially hazardous activity and accidents can happen.
- Clayesmore accepts no responsibility for any accidents, injuries, loss or damage howsoever caused to yourself or a third party that may occur whilst taking part in any 'Clayesmore Blading' event, which includes venue structures, obstacles or the actions of other skaters.
- Participants must wear helmets, other protective equipment is encouraged to minimise injury from a fall or collision and should be worn prior to skating/blading.
- If you have never skated/bladed before and are unsure please ask for assistance from one of our coaches before attempting to skate.

- Clayesmore reserves the right to ask to leave anyone who they suspect as being a danger to themselves or others at any time. This includes anyone that is suspected of being under the influence of drink or drugs.

PRE-EXISTING MEDICAL CONDITIONS

We highly recommend that you do not take part in any skating activity if you suffer from:

- Brittle Bones
- High Blood Pressure
- Heart Illness
- Joint Injuries
- Back or neck problems
- Ankle or knee weakness
- Or any other condition that could be aggravated by this activity. Consult your doctor for advice if you are unsure.

If you are, or suspect you are pregnant you should not take part in this activity.



For more information please call 01747 813135

www.clayesmore.com/sports-centre